

Email title : Newsflash - INVITATION TO MENTORING PROGRAMME

Dear staff,

We are excited to invite you to be part of our new mentoring programme that is being run as the next stage of the FemaleINSPIRES project <https://femaleinspires.com/>

The project brings together international partners and female researchers from different countries by providing an online platform and community of practice. The project is funded by the Royal Academy of Engineering (UK), as part of their pandemic preparedness call and aims to support female early career researchers by providing opportunities for personal and professional development.

Last year we organized a 2 – day seminar /workshop that featured talks from some of our own cherished female academics as well as prominent female researchers in STEM. We are now continuing the project with an exciting mentoring programme for you

This mentoring programme will be a wonderful opportunity for students and staff of GCTU to connect with a mentor of their choice who can offer invaluable advice and help navigate the next chapter of their academic studies and career progression. Being mentored is key to career success and professional development and can be a helpful tool for psychological support.

Unfortunately, there is a limit on the number of participants we can accept as mentees – so please make sure to contact me (Dr. Afrifah) on +233 50 150 9519 to book your slot ASAP! .

We are excited to see where your mentoring journey takes you!

Mentors

Prof. Theresa Obuobisa-Darko - Department of Management and Human Resource

Dr. Ruhiya Abubakar – Department of electrical and electronics engineering

Dr. Michelle Afrifah – Department of Management and Human Resource

Mentoring activities

- a) One- on- one mentoring sessions (online and in-person)
- b) Group mentoring sessions
- c) A one-day seminar /conference
- d) A Poster competition (with prizes!!)
- e) Seminars on research writing, effective communication , presentation skills, soft skills (emotional intelligence, social intelligence, Interpersonal communication, Work ethic, Time management, Conflict resolution etc



The FemaleINSPIRES STEM project presents :

MENTORING SCHEME

FOR ALL FEMALE STAFF AND STUDENTS OF GCTU

You are warmly invited to take part in the next stage of the FemaleINSPIRES project. We have developed an exciting mentoring programme for female reserachers that include the following activities:

1. One on one mentoring sessions
2. Group mentoring sessions
3. Day mentoring retreats
4. A Poster competition with prize vouchers up to£200

The scheme aims to help guide you through your work life and educational life by developing essential soft skills such as: work ethic, integrity, emotional intelligence, communication skills, social intelligence, time management, conflict resolution, critical thinking, problem solving and so much more

**over £200 worth of amazon BOOK
vouchers to give away**

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