

# CORONA VIRUS

# HEALTH AND SAFETY ALERT



SORE THROAT



COUGH



FEVER



DIFFICULTY IN BREATHING



The Directorate of General Administration and Operations wishes to advise the University Community that there have been confirmed cases of COVID-19 infection in the country. As the University Community grows denser with a larger student body, it becomes necessary to remind ourselves of the protocols.

According to the Achimota Hospital's Disease Control Unit, the most prevalent COVID-19 symptom is protracted flu with a chesty cough. Anyone who develops these symptoms should go to the nearest hospital for help.

## The Preventive Protocols:

1. Observe social distancing and avoid handshaking
2. Wash your hands often with soap and water for at least 20 seconds.
3. Cover your cough or sneeze with a tissue, dispose the tissue in a closed bin, and then wash your hands.
4. Always wear a mask, particularly when leaving home
5. Clean and disinfect frequently touched objects or surfaces such as remote controls, office doorknobs, stapling machine and perforators, computer keyboard and mouse, vehicle door handles, etc.
6. Avoid close contact with people who are sick.
7. Members of the community who get infected must self-quarantine after visiting the hospital or wear face mask when symptoms are less severe.

For further information,  
kindly contact the  
Disease Control Unit of the  
Achimota Hospital on:

Emergency  
contact  
**02466  
64926**

